



Wythenshawe
Hospital

The Manchester Diabetes Eating
Disorder Pathway Group presents:

CYP Diabetes and Eating Disorders - A Holistic Approach"

11th May 2023



NHS
Manchester University
NHS Foundation Trust

- ▶ Dr Gilly Hopper, clinical psychologist
 - ▶ Dr Ruth Marshall, child psychiatrist
 - ▶ Julie Milne, MFT-CEDS
 - ▶ Kate Henson, dietitian
 - ▶ Louise Salisbury, dietitian
 - ▶ Niamh Joy, dietitian
- ▶ Thanks to Ingrid Small, dietitian, PDPEAS group and the National Children and Young Peoples Diabetes Network

PLAN

Type 2 diabetes case study

Ruth Marshall

Dietitians: role in eating disorder prevention, assessment and treatment

Kate Henson, Louise Salisbury, Niamh Joy

Case studies: young people with diabetes who have been referred to MFT-CEDS.

Julie Mines

Simple tools to help with holistic assessment

Gilly Hopper

How is it going?

The wheel below is split into 12 areas, each about a different part of life. These are some of the things that are important to young people with health conditions and to their families. For each area, circle the number that best fits with how you feel things have been going for you in the last month, using this scale:

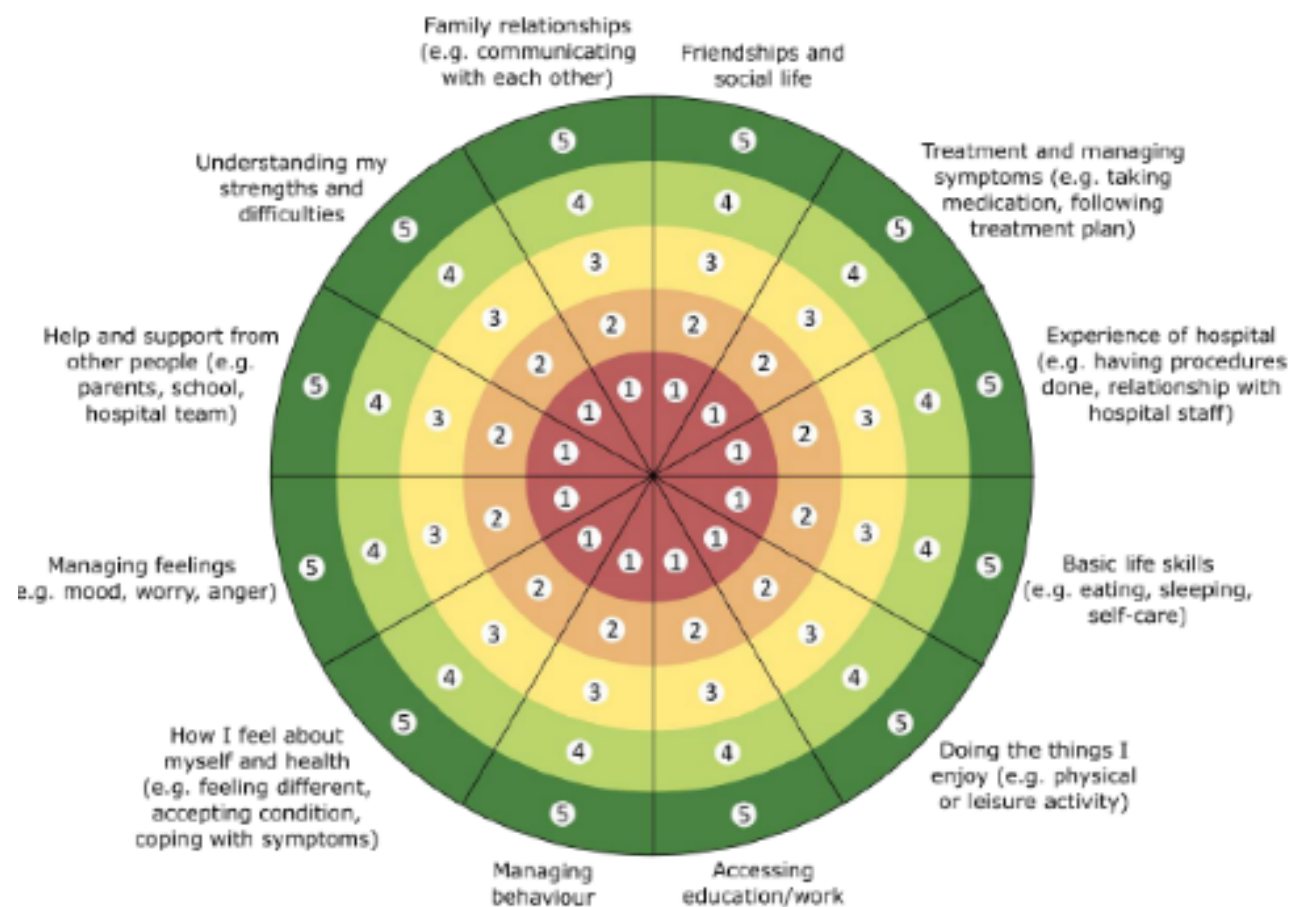
1: This is a big problem

2: This is a problem

3: This is ok

4: This is going well

5: This is going really well



Wheel - Wellbeing and Health Experiences Evaluation (Health in Mind 2019)

- ▶ Reinventing the WHEEL October 2021, Clinical Psychology Forum, Davy Evans, Clare Barker Ellis, Matthew Perkins and J'Nae Christopher 345, 64-70.

Summary of Key Points

The background of the slide is white with abstract green geometric shapes on the right side. These shapes include overlapping triangles and polygons in various shades of green, from light lime to dark forest green. A thin, light gray line also runs diagonally across the right side of the slide.

Thank you!

Reference;