

# Managing a diagnosis of Pre-Type 1 Diabetes; a parent and young person's perspective

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SAMUEL, CHRIS, IMOGEN AND AMY'S EXPERIENCES IN INTERVIEW  
WITH KATE GETHING

WITH INTRODUCTION BY BECKY WALDRON

# Context

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How can psychology support families and teams?

Screening – ELSA (& TrialNET) [The ELSA Study](#)

[Welcome | STOP T1D Program | Type 1 Diabetes Screening and Monitoring](#)

Challenges of screening – treatment only through research, psychological impact (systematic review to come)

Best Practice – BSPED recommendations (2025). Pre-T1D clinics – Oxford & Birmingham

<https://onlinelibrary.wiley.com/share/DBQXTIM7UUV5EIAGSDV7?target=10.1111/dme.70117>

Education resources in development – Families and HCP

# Considerations for Psychologists

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How can we support screening, monitoring and treatment?

Prioritising children's voices?

Supporting families with and without T1D experience?

Supporting uncertainty?

'Not well enough to be normal' - impact on child development and identity

Roadmap for preventing T1D in childhood ([Preventing type 1 diabetes in childhood | Science](#))

Psychology working group needed?

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Samuel and Chris, and Imogen  
and Amy's experiences



# Exploring a diagnosis of Pre-Type 1 Diabetes

Chris and Samuel  
in conversation with Dr Kate Gething