



**National Children and Young People's
Diabetes Network
National Delivery Plan - Aim 1
Type 1 Diabetes and Difficulties/Disorders of Eating Network
Task and finish group: Education and Training**



**29th February 2024
Via Microsoft Teams**

Attendees	Aim 1 Core Group Members		Role	Network/Organisation
	Dr Simon Chapman		Consultant Paediatrician	King's College London
	Jonathan Maiden (JM)		Data Quality Manager	North West
	Emma Savage (ES)		Network Manager	Yorkshire and Humber
Name		Role	Network/Organisation	
Prof Chrissie Jones		Professor Clinical Psychology	University of Surrey	
Evagelia Paraskevopoulou		Consultant Paediatrician	London/SEC	
Faye Stubbs		PDSN	East of England	
Helen Partridge		Consultant in Diabetes	Wessex	
Julia Eldridge		Dietitian	East of England	
Julie Cropper		PDSN	Yorkshire and Humber	
Kelly Carden		DSN	Wessex	
Lindsey Rouse		Psychologist	Wessex	
Nicola Stacey		DSN	Wessex	
Sarah Alicea		Chair	London/SEC	
Sian Jones		Youth Worker	Wales	
Katherine Frost		Dietitian	West Midlands	
Tiziana Corsini		Clinical Psychology	London/SEC	
Apologies	Name		Role	Network/Organisation
	Elise Roberts		Dietitian	London/SEC
	Tiziana Corsini		Clinical Psychology	London/SEC
	Carolyn Hill		PDSN	Thames Valley
Agenda:	<ul style="list-style-type: none"> • Welcome and introductions • HCP survey • Patient education • Date and time of next meeting 			
Agenda items	<p>Welcome and Introduction</p> <p>SA outlined a recap of the last meeting:</p> <ul style="list-style-type: none"> • BERTIE team presented last meeting • Discussed survey looking at knowledge and confidence of HCP working with people with T1DE • Decided to carry out survey • Decided to carry out regular HCP face to face education sessions • MS Teams education • SA involved in DigiBete education – Action: Anyone want to be involved to contact SA <p>HCP Survey</p> <ul style="list-style-type: none"> • Suggested questions: 			



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	<ul style="list-style-type: none"> ○ Have you heard of MEED guidance? Yes/No ○ Are you using the MEED guidance? ○ Have you ever had any education on type 1 diabetes and eating disorders? (No, Some, Yes) ○ If yes, did you find this useful? What additions would be required? List topics ○ Going forward, if there was an offer for education on eating disorders in type 1 diabetes, how would you like this to be delivered? (Face-to-face, information pack, online webinar or module, other, or not interested) ○ What topics would you like covered? List ○ How much time commitment needed? <ul style="list-style-type: none"> ● Suggestion of a confidence scale on the 'About you' section of the survey to link to all working groups. <p>Schools/Parent/Patient Education</p> <ul style="list-style-type: none"> ● Age-appropriate training/education to be considered. ● HCP training/education to include communication with schools and families to promote educating to deliver. ● Action: CJ to present next meeting on Priority Study <p>AOB</p> <ul style="list-style-type: none"> ● Action: Resources on HCP education to be sent to JM/ES to go on network website. ● BERTIE learning now live - https://bertiediabetes.com/
Actions	<ul style="list-style-type: none"> ❖ Action: Anyone want to be involved with Digibete resources please contact SA ❖ Action: CJ to present next meeting on Priority Study ❖ Action: Anyone interested in co-chairing the group to contact SA ❖ Action: All to send HCP resources and materials through to ES & JM for sharing.
Minutes:	Minutes kindly taken by Jonathan Maiden and signed off by the Aim 1 Core Group Members
Date and time of next Meeting	Time: 10am-11pm hours Date: TBC Venue: Virtually - via MSTEams