



**National Children and Young People's  
 Diabetes Network**  
**National Delivery Plan - Aim 1**  
**Type 1 Diabetes and Difficulties/Disorders of Eating Network**  
**Task and finish group: Identification and Screening**



**29<sup>th</sup> February 2024**  
**Via Microsoft Teams**

Attendees	Aim 1 Core Group Members		Role	Network/Organisation
	Dr Simon Chapman		Consultant Paediatrician	King's College London
	Emma Savage (ES)		Network Manager	Yorkshire and Humber
	Jonathan Maiden		Data Quality Manager	North West
	Name	Role	Network/Organisation	
	Aisling Pigott	Dietitian	Wales	
	Rosie Anderson	Psychologist	South West	
	James Wimbury	Dietitian	East of England	
	Leonie McDonald	Clinical Psychologist	East of England	
	Charlotte Button	PDSN	London/SEC	
	Maria Costabilbao	Clinical Psychologist	London/SEC	
	Stephanie Griffiths	Dietitian	Wales	
	Megan McTiffin	Clinical Psychologist	Yorkshire and Humber	
Georgia Cramb	Clinical Psychologist	North East and North Cumbria		
Prof Chrissie Jones	Professor in Clinical Health Psychology	University of Surrey		
Apologies	Name	Role	Network/Organisation	
	Kate Gething	Clinical Psychologist	North East and North Cumbria	
	Karen Harrison	Dietitian	North West	
	Amy Rowland	Consultant Paediatrician	Wessex	
	Lee Martin	Dietitian	Connect: The West Yorkshire Adult Eating Disorder Service	
	Claire Springall	Transition Nurse	East of England	
	Laura Harwood	Clinical Psychologist	North West	
	Sophie Van Raalte	Dietitian	East of England	
	Adele Swart	Dietitian	London and SEC	
Agenda:	<ul style="list-style-type: none"> <li>• Welcome and introductions</li> <li>• Review previous meeting minutes</li> <li>• Presentation of scoping document</li> <li>• Feedback on literature review group</li> </ul>			



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- Feedback on resource sharing group
- Australian Document, Background, prevention
- Revisit roadmap
- Define next steps
- Date and time of next meeting

**Agenda  
items**

Welcome and introductions took place.

AP outlined the aim of working group:

- To identify and support services to put in place guidance and resources for clinicians and families on how to identify eating difficulties.
- ToR discussed. AP and RA Chair & Vice-Chair
  - 3-year membership with 1-year optional extension
  - Resources produced will be in line with national guidance.
  - Completion of tasks to be reported by chair.
  - ES has previously shared the ToR prior to the meeting
- Stakeholders discussed as follows:
  - Mental health representation
  - Lived experience/Parents.
  - NHS Executive
  - Link with MEED working group.
  - DigiBete
  - Charities e.g. Diabetes UK

Road map proposal 2024:

Quarter 1 – Jan to March to define the working areas of the group

Quarter 2 – April – June to evaluate the current literature and guidelines

Quarter 3 – July – Sept consensus and guideline review

Quarter 4 – Oct – Dec consultation and external review

**Scoping document review**

CB reviewed working group scoping document, following changes to be made:

- Age group definitions, 0-19 years old for CYP
- Add definitions of what an eating disorder is

Group discussed sharing the scoping document with JDRF, Diabetes UK and BEAT.

- Action: group to email ES contacts for the above stakeholders

**Literature review**

The literature review was completed by several members of the group who decided that is was



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unnecessary to review each research article return.

The group decided to review the following:

- SEEDS – MM and SG
- DEPSR - JW
- EDE - GC
- Eating attitudes test 20 - LM
- SCOFF - CB
- EDI-3RF - AP

**Resource sharing group**

RA to draft an email to send to the regional network managers to ask units nationally for any resources used currently.

- Action: RA to draft an email for ES network managers to ask units nationally for any resources to be shared with the group

**Australian document**

The below document refers to intervention and prevention:

[Disordered eating \(DE\) and eating disorders \(ED\) in Adults with Type 1 Diabetes \(aged 16 years and over\) \(clinicalexcellence.qld.gov.au\)](https://www.clinicalexcellence.qld.gov.au/Disordered_eating_(DE)_and_eating_disorders_(ED)_in_Adults_with_Type_1_Diabetes_(aged_16_years_and_over))

This document will be discussed at the next meeting.

**Define next steps**



AP to draft any additional work streams for the work programme.

**Close**

Next meeting dates:

- 11<sup>th</sup> April 2024
- 13<sup>th</sup> June 2024

<b>Actions</b>	<ul style="list-style-type: none"> <li>❖ Action: group to email ES contacts for the above stakeholders</li> <li>❖ Action: RA to draft an email for ES network managers to ask units nationally for any resources to be shared with the group</li> </ul>
<b>Minutes:</b>	Minutes kindly taken by Jonathan Maiden and signed off by the Aim 1 Core Group Members
<b>Date and</b>	<b>Time:</b> 12:30-13:30pm hours

	<p><b>National Children and Young People's Diabetes Network</b>  <b>National Delivery Plan - Aim 1</b>  <b>Type 1 Diabetes and Difficulties/Disorders of Eating Network</b>  <b>Task and finish group: Identification and Screening</b></p> <p><b>29<sup>th</sup> February 2024</b>  <b>Via Microsoft Teams</b></p>	
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<p><b>time of next Meeting</b></p>	<p><b>Date:</b> 11<sup>th</sup> April &amp; 13<sup>th</sup> June 2024  <b>Venue:</b> Virtually - via MSTEams</p>
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