



**National Children and Young People's
Diabetes Network
National Delivery Plan - Aim 1
Patient Education Subgroup Meeting Minutes
31st March 2023
Via Microsoft Teams**



| Attendees | <table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="width: 40%;">Aim 1 Core Group Members</th> <th style="width: 30%;">Role</th> <th style="width: 30%;">Network/Organisation</th> </tr> </thead> <tbody> <tr> <td>Margot Carson</td> <td>Manager</td> <td>North West</td> </tr> <tr> <td>Emma Savage</td> <td>Manager</td> <td>Yorkshire and Humber</td> </tr> <tr> <td>Jonathan Maiden</td> <td>Data Quality Manager</td> <td>North West</td> </tr> </tbody> </table> <table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="width: 30%;">Name</th> <th style="width: 30%;">Role</th> <th style="width: 40%;">Network/Organisation</th> </tr> </thead> <tbody> <tr> <td>Fedora-Chidi Okao</td> <td>PDSN</td> <td>East of England</td> </tr> <tr> <td>Lisa Daniels</td> <td>PDSN</td> <td>Wales</td> </tr> <tr> <td>Lucy Rowe</td> <td>Network Manager</td> <td>South West</td> </tr> <tr> <td>Jennifer Brunsdon</td> <td>PDSN</td> <td>Lead Nurse</td> </tr> </tbody> </table> | | | Aim 1 Core Group Members | Role | Network/Organisation | Margot Carson | Manager | North West | Emma Savage | Manager | Yorkshire and Humber | Jonathan Maiden | Data Quality Manager | North West | Name | Role | Network/Organisation | Fedora-Chidi Okao | PDSN | East of England | Lisa Daniels | PDSN | Wales | Lucy Rowe | Network Manager | South West | Jennifer Brunsdon | PDSN | Lead Nurse | | | |
|--------------------------|---|------------------------------|--|--------------------------|------|----------------------|----------------|------------------|------------|--------------|--------------|----------------------|-----------------|----------------------|---------------|--------------|-----------|------------------------------|---------------------|-----------|-----------------|----------------|-----------|----------------------|-----------------|-----------------|------------|-------------------|--------------|------------|-----------------|------|---------------|
| Aim 1 Core Group Members | Role | Network/Organisation | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Margot Carson | Manager | North West | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Emma Savage | Manager | Yorkshire and Humber | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Jonathan Maiden | Data Quality Manager | North West | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| Fedora-Chidi Okao | PDSN | East of England | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Lisa Daniels | PDSN | Wales | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Lucy Rowe | Network Manager | South West | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Jennifer Brunsdon | PDSN | Lead Nurse | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Apologies | <table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="width: 30%;">Name</th> <th style="width: 30%;">Role</th> <th style="width: 40%;">Network/Organisation</th> </tr> </thead> <tbody> <tr> <td>Piyusha Kapila</td> <td>Clinical Support</td> <td>London/SEC</td> </tr> <tr> <td>Leah Brennan</td> <td>Psychologist</td> <td>London</td> </tr> <tr> <td>Rachel Swindell</td> <td>PDSN</td> <td>East Midlands</td> </tr> <tr> <td>Heather Gate</td> <td>Dietitian</td> <td>North East and North Cumbria</td> </tr> <tr> <td>Caroline McNicholas</td> <td>Dietitian</td> <td>North West</td> </tr> <tr> <td>Jenny Coupland</td> <td>Dietitian</td> <td>Yorkshire and Humber</td> </tr> <tr> <td>Gillian Purcell</td> <td>Dietitian</td> <td>South West</td> </tr> <tr> <td>Holly Robinson</td> <td>NPDA Manager</td> <td>RCPCH</td> </tr> <tr> <td>Heather Holland</td> <td>PDSN</td> <td>West Midlands</td> </tr> </tbody> </table> | | | Name | Role | Network/Organisation | Piyusha Kapila | Clinical Support | London/SEC | Leah Brennan | Psychologist | London | Rachel Swindell | PDSN | East Midlands | Heather Gate | Dietitian | North East and North Cumbria | Caroline McNicholas | Dietitian | North West | Jenny Coupland | Dietitian | Yorkshire and Humber | Gillian Purcell | Dietitian | South West | Holly Robinson | NPDA Manager | RCPCH | Heather Holland | PDSN | West Midlands |
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| Leah Brennan | Psychologist | London | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Rachel Swindell | PDSN | East Midlands | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Heather Gate | Dietitian | North East and North Cumbria | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| Gillian Purcell | Dietitian | South West | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Holly Robinson | NPDA Manager | RCPCH | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Heather Holland | PDSN | West Midlands | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Agenda: | <p>Welcome and Recap from previous meeting - MC/ES</p> <p>ES welcomed all to the meeting and gave the relevant apologies.</p> <p>Update on patient education survey</p> <p>The survey has now closed with 804 responses. ES presented the results from the survey to the group. The key elements were as follows:</p> <ul style="list-style-type: none"> • Many receiving in-house diabetes teams education – debating around whether patients/families/carers would recognise branding of other patient education resources • Patients/families/carers would like more information on sick day rules at 3 months post diagnosis • Patients/families/carers would like more information on exercise at 3 months post diagnosis • Patients/families/carers would like more support at diagnosis linked to wellbeing and mental stability of dealing with a long term condition diagnosis • Patients/families/carers would like continual information on technology • Key timeline of need of support is between 3 – 6 months | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |



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| | <p>Due to low attendance at the meeting, the group decided to email the working group to ask for suggestions towards a summary slide.</p> <p>The slides will then be shared at the beginning of May 2023 in order for each member of the group to take back to their network to share the results.</p> <ul style="list-style-type: none">❖ ES to email group members regarding summary slide❖ Group members to share presentation locally <p>Linking with other aim 1 work streams</p> <p>ES to share results with Aim 1 First Year of Care group.</p> <p>AOB</p> <p>No AOB.</p> |
| Actions | <ul style="list-style-type: none">❖ ES to share results with Aim 1 First Year of Care group.❖ ES to email group members regarding summary slide❖ Group members to share presentation locally |
| Date and time of next Meeting | <p>Time: 1000 - 1100 hours Date: 5th July 2023 Venue: Virtually - via MSTEams</p> |