



**National Children and Young People's
Diabetes Network
National Delivery Plan - Aim 1
Type 1 Diabetes Subgroup Meeting Minutes
9 February 2022
Via Microsoft Teams**



Attendees	Aim 1 Core Group Members		Role	Network/Organisation																																															
	Michael McGuigan		Clinical Lead	North West																																															
	Sanjay Gupta		Clinical Lead	Yorkshire and Humber																																															
	Margot Carson		Manager	North West																																															
	Emma Savage		Manager Data Quality	Yorkshire and Humber																																															
	Jonathan Maiden		Manager	North West																																															
<table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="width: 30%;">Name</th> <th style="width: 20%;">Role</th> <th style="width: 50%;">Network/Organisation</th> </tr> </thead> <tbody> <tr> <td>Sue Roach</td> <td>Dietitian</td> <td>East Midlands</td> </tr> <tr> <td>Mark Burns</td> <td>Consultant</td> <td>North East and North Cumbria</td> </tr> <tr> <td>Carol Metcalfe</td> <td>PDSN</td> <td>North West</td> </tr> <tr> <td>Peter Christian</td> <td>Consultant</td> <td>London/SEC</td> </tr> <tr> <td>Tamsyn Nicole</td> <td>Consultant</td> <td>South West</td> </tr> <tr> <td>Shikha Jain</td> <td>Consultant</td> <td>Wales</td> </tr> <tr> <td>Emma Davis</td> <td>Consultant</td> <td>Wessex</td> </tr> <tr> <td>Vicki Hemming</td> <td>Consultant</td> <td>Yorkshire and Humber</td> </tr> <tr> <td>Nicky Moor</td> <td>PDSN</td> <td rowspan="2">Lead Nurse</td> </tr> <tr> <td>Katie Beddows</td> <td>PDSN</td> </tr> <tr> <td>Louise Salsbury</td> <td>Dietitian</td> <td>Lead Dietitian</td> </tr> <tr> <td>Charlotte Rowland</td> <td>GP</td> <td>Handbridge Medical Centre/Cheshire CCG</td> </tr> <tr> <td>Marlon Morais</td> <td>GP</td> <td>Cornerstone Family Practice/Manchester CCG</td> </tr> <tr> <td>Maria Dyban</td> <td>GP</td> <td>Kings Road Surgery/RCGP South East Wales</td> </tr> <tr> <td>Holly Robinson</td> <td>Manager</td> <td>Faculty NPDA, RCPCH</td> </tr> </tbody> </table>					Name	Role	Network/Organisation	Sue Roach	Dietitian	East Midlands	Mark Burns	Consultant	North East and North Cumbria	Carol Metcalfe	PDSN	North West	Peter Christian	Consultant	London/SEC	Tamsyn Nicole	Consultant	South West	Shikha Jain	Consultant	Wales	Emma Davis	Consultant	Wessex	Vicki Hemming	Consultant	Yorkshire and Humber	Nicky Moor	PDSN	Lead Nurse	Katie Beddows	PDSN	Louise Salsbury	Dietitian	Lead Dietitian	Charlotte Rowland	GP	Handbridge Medical Centre/Cheshire CCG	Marlon Morais	GP	Cornerstone Family Practice/Manchester CCG	Maria Dyban	GP	Kings Road Surgery/RCGP South East Wales	Holly Robinson	Manager	Faculty NPDA, RCPCH
Name	Role	Network/Organisation																																																	
Sue Roach	Dietitian	East Midlands																																																	
Mark Burns	Consultant	North East and North Cumbria																																																	
Carol Metcalfe	PDSN	North West																																																	
Peter Christian	Consultant	London/SEC																																																	
Tamsyn Nicole	Consultant	South West																																																	
Shikha Jain	Consultant	Wales																																																	
Emma Davis	Consultant	Wessex																																																	
Vicki Hemming	Consultant	Yorkshire and Humber																																																	
Nicky Moor	PDSN	Lead Nurse																																																	
Katie Beddows	PDSN																																																		
Louise Salsbury	Dietitian	Lead Dietitian																																																	
Charlotte Rowland	GP	Handbridge Medical Centre/Cheshire CCG																																																	
Marlon Morais	GP	Cornerstone Family Practice/Manchester CCG																																																	
Maria Dyban	GP	Kings Road Surgery/RCGP South East Wales																																																	
Holly Robinson	Manager	Faculty NPDA, RCPCH																																																	
Apologies	Aim 1 Core Group Members		Role	Network/Organisation																																															
	Alok Gupta		Clinical Support	London/SEC																																															
	<table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="width: 30%;">Name</th> <th style="width: 20%;">Role</th> <th style="width: 50%;">Network/Organisation</th> </tr> </thead> <tbody> <tr> <td>Phillipa Bowen</td> <td>Consultant</td> <td>South West</td> </tr> <tr> <td>Craig Ticehurst</td> <td>PDSN</td> <td>London/SEC</td> </tr> <tr> <td>Ambika Shetty</td> <td>Consultant</td> <td>Wales</td> </tr> </tbody> </table>					Name	Role	Network/Organisation	Phillipa Bowen	Consultant	South West	Craig Ticehurst	PDSN	London/SEC	Ambika Shetty	Consultant	Wales																																		
	Name	Role	Network/Organisation																																																
	Phillipa Bowen	Consultant	South West																																																
	Craig Ticehurst	PDSN	London/SEC																																																
Ambika Shetty	Consultant	Wales																																																	
Agenda:	<u>Welcome, Introductions and join relevant working group</u>																																																		
	MM and SG gave the relevant introductions and each members of the working groups joined their relevant group for the remainder of the meeting.																																																		
	<u>DKA Subgroup</u>																																																		
	<p><i>Parent education about symptoms</i> We understand Diabetes UK continuing to roll out their 4Ts campaign refresh. Ideas include: Increasing awareness among school staff</p>																																																		



**National Children and Young People's
Diabetes Network
National Delivery Plan - Aim 1
Type 1 Diabetes Subgroup Meeting Minutes
9 February 2022
Via Microsoft Teams**



Potential role of school nurses/health visitors in educating parents
Value of diabetes as a topic within a popular TV show – apparently recent Coronation Street storyline

Access to testing/review

May be an issue about access to pick up in primary care education package.
Contacting a GP practice for review varies between practices – some have all referrals as e-consult forms which are then triaged by GP that day.

Prompt recognition/referral by primary care

Discussion focussed on GP practices but important to be considering ED departments too.
Access to capillary blood glucose testing should be there in each surgery but there is some variation.
Appear to be knowledge gaps in some GP trainees -? need to ensure on GP training programmes. Use of CBG machine should be core competence for all medical students.
Yeovil and Wales representatives discussed success through education programmes to primary care. Face to face mandatory sessions happen in some places but not all. Developing educational resources would be useful work. You tube videos were accessed well in one project by those who didn't attend session directly. Roll out of training needs to be local with networks liaising with local service leads – supported by training materials.

Screening

No recent update on potential plans for a national screening programme. An anecdote of a young person who hanged themselves after being found to be antibody positive through a sibling study was shared.

First Year of Care Subgroup

LS gave an update on the PDPEAS working group in the North West network, please see presentation [here](#).
LS shared with the group that it would be good to consider language around foods within the newly diagnosed pathway.

ES recapped from the last meeting in October 2021, and then group continued their discussion around the common themes for the first year of care and decided that moving forwards there will be an inpatient stay and non-inpatient stay pathway in order to cater for all diabetes units. As there is variation around the country of the duration of inpatient stay.

The group discussed how they can ensure that psychology is included in the pathway and it was decided that within the first week there should be some form of contact from the team's psychologist, examples include face to face meet and greet, phone call or leaflet can be classed as a contact. This can ensure that the patient is aware of the team psychologist from the start of their diagnosis.

Other changes and discussion points include:

- The group wants to ensure that there is an expectation of home downloading on the pathway.
- Change 'prior to discharge' to 'within the first week' of diagnosis
- Discussing time in range at the first OPA
- Technology should be age dependent but if diagnosed under 5 years old then pump/CGM should be considered within the first month of diagnosis
- An addition of 'introduction to advance technology' should be used to ensure all patients know that other treatment regimens are available to them



**National Children and Young People's
Diabetes Network
National Delivery Plan - Aim 1
Type 1 Diabetes Subgroup Meeting Minutes
9 February 2022
Via Microsoft Teams**



	<ul style="list-style-type: none"> • Discussion around potentially changing targets to time in range • Add a sentence about the school care plan to ensure this is given before the child returns to school and/or the education setting ❖ ES to draft a timeline based on the previous two meetings discussion to show and discuss at the next meeting in May ❖ KB to share her teams SOP
Actions	<p>DKA Group:</p> <ul style="list-style-type: none"> ❖ Develop a slide set and associated narrative – resource to be hosted on CYPDN website and promoted by networks to local GP education – Maria, Tamsin, Carole, Charlotte ❖ Share 5-minute self-directed PowerPoint slide set -? to develop further – Michael ❖ E-learning -? benefit in developing formal e-learning package after completing above. To discuss further at next meeting. ❖ Michael to share north west new diagnosis audit data with Holly to compare with NPDA data. ❖ Ask diabetes network leads to provide information on what data they already collect as a network about DKA at diagnosis – Michael/Margot ❖ Brief literature review to see what has been published on effective interventions – Michael/Nicky <p>First Year of Care Subgroup</p> <ul style="list-style-type: none"> ❖ ES to draft a timeline based on the previous two meetings discussion to show and discuss at the next meeting in May ❖ KB to share her teams SOP
Date and time of next Meeting	<p>Time: 1000 - 1130 hours Date: 22 June 2022 1000-1130 Venue: Virtually - via MSTeams</p>