



**National Children and Young People's  
Diabetes Network  
National Delivery Plan - Aim 1  
Type 2 Subgroup Meeting Minutes  
16th January 2023  
Via Microsoft Teams**



Attendees	Aim 1 Core Group Members		Role	Network/Organisation
	Margot Carson (MC)		Manager	North West
	Emma Savage (ES)		Manager	Yorkshire and Humber
	Name	Role	Network/Organisation	
	Elizabeth Proctor	Dietitian	East Midlands	
	Billy White (BW)	Consultant	London & SEC	
	Kirsty Horsley	Dietitian	Wessex	
	Suma Uday	Consultant	West Midlands	
	Thomas Cole (TC)	Dietitian	Wales	
	Fiona Campbell (FC)	Digibete Clinical Lead	Digibete	
	Nivedita Aswani		Digibete/Sheffield Children’s Hospital	
	Kate Brennan	Digibete Dietetic Advisor	Digibete	
	James Yong	Digibete Medical Advisor	Digibete	
	Jonathan Maiden (JM)	Data Quality Manager	North West	
	Holly Robinson	NPDA Manager	RCPCH	
	Apologies	Name	Role	Network/Organisation
Martha Ford-Adams (MFA)		Clinical Lead	London/SEC	
Maddie Julian (MJ)		Digibete Management Team	Digibete	
Agenda:	<b>Welcome and apologies</b> Apologies from Maddie and Martha  <b>Welcome and recap on previous meeting</b> ES gave a roundup of the previous meeting in October 2021. ES circulated document overview of proposed resources for DigiBete. This was shared with Maddie. There was a discussion around type 2 structured educational and it was determined the majority were using in house developed education.  <b>RCPCH Type 2 Diabetes NPDA Spotlight Audit</b> <a href="#">View presentation</a> HR gave a presentation on recommendations from the type 2 spotlight audit. HR highlighted the importance of protocols being developed by the network for the diagnosis and management of CYP with type 2 diabetes. This has been done but needs to be circulated and shared so all teams aware they exist.			



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Health care checks for type 2 in obesity guidelines are not attended to quite as well as the type 1 health checks. The guidance should ensure comorbidities are managed appropriately where identified.

It is also suggested that this guidance should support good care locally. This caseload typically comes from a more deprived background and is much less likely to travel or be engaged.

Need for communication of new standards to ensure all leads are aware of the guidance.

**Action: BW to draft an email for MC/ES to send to all network managers to raise awareness of guidance/RCPCH clinic chat report**

Guidance can be found [here](#)

HR mentioned the RCPCH holding an annual type 2 webinar in which the standards can be pushed. FC mentioned potential for a webinar on the standards themselves utilising the experts in the group.

The RCPCH have carried out some engagement work using NPDA budget to develop some questions to ask CYP with type 2 diabetes and their families. There was engagement with some PDU who have type 2 clinics to get these questions out in the form of a chat with clinic staff.

Some feedback from this was that users felt they had to go and do their own research following diagnosis as this was limited from the PDU. This led to the recommendation of 'Review the information provided to CYP with the condition and their families at diagnosis and at subsequent clinic visits with reference to the key findings presented in this summary'

As part of the study the CYP was asked to explain what type 2 diabetes was, with some struggling to do so. This led to the recommendation of 'Check for gaps in understanding of the condition amongst all those with type 2 diabetes and their parents and carers'

Another recommendation from the study was 'Identify barriers to adherence to dietary and lifestyle advice where present and work with the family and MDT members to identify strategies to mitigate them'. Examples such as education and culture were raised.

The clinic chat report will be shared through the RCPCH website on publication and shared through email links. Suggested that we link this with the communication of the guidance.

**Action: BW suggested asking CYP what support they get and how they get it. Obtain feedback on how best to present all available resources to them. HR asked group to produce some questions for an engagement survey. ES said scope for group to produce some questions and invite HR and Emma Sparrow to next meeting**

**DigiBete Update**

FC – Recent meeting looking at timelines. Various forms of funding for type 2 resources. Largest from NHSX with smaller pots from RCPCH. Monthly performance management from NHSE to support future funding opportunities. £100k available for DigiBete type 2 development. NHSE funding until 2023.

NA – Resources will be layered. Starting with the basics. Working on what resources are important at what stage in development.



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	<p>SU – Recourses for obesity should be considered while we are developing these resources.</p> <p>FC – This has been discussed with MJ, who is keen for this.</p> <p>BW – Mixed opinions in type 2 national group on DigiBete app, so we need to get the word out there on its uses and importance. Group also keen on development of evidence-based materials. FC stated next focus is on informing families of the usage and training to highlight its uses and how best to use it. Variation of uptake and usage of the app nationally.</p> <p>FC asked JY about weight management and DigiBete and whether there is potential for a link up. JY is going to email Maddie (MJ) and FC will also link MJ with Ben and support this development.</p> <p><b>AOB</b></p> <p>BW mentioned following the last type 2 working group meeting 2 weeks ago the 2 main focuses are 'education for HCP' and 'Improving materials for patients' and 'Networking'. Working group set up for these aims for the coming year.</p>
<b>Actions</b>	<ul style="list-style-type: none"> <li>❖ <b>BW to draft an email for MC/ES to send to all network managers to raise awareness of guidance/RCPCH clinic chat report</b></li> <li>❖ <b>BW suggested asking CYP what support they get and how they get it. Obtain feedback on how best to present all available resources to them. HR asked group to produce some questions for an engagement survey. ES said scope for group to produce some questions and invite HR and Emma Sparrow to next meeting</b></li> </ul>
<b>Minutes:</b>	Minutes kindly taken by Jonathan Maiden and signed off by the Aim 1 Core Group Members namely: Margot Carson and Emma Savage
<b>Date and time of next Meeting</b>	<p><b>Time:</b> 10:00-11:30 hours</p> <p><b>Date:</b> 4 May 2022</p> <p><b>Venue:</b> Virtually - via MSTeams</p>