



Quality Assurance  
Educator Assessment Form  
**Diabetes at Diagnosis, Key stage 2 (2<sup>nd</sup> edition)**  
**Section 7: Activity and diabetes**

Educator name:
Assessment date:

<p style="text-align: center;">Assessor</p> <p>Name:</p> <p>Professional role:</p> <p>Place of work:</p>	<p>Specific areas the educator would like to be reviewed by assessor:</p>
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*Session content standards:*

	<b>As outlined in the curriculum, did the educator:</b>	<b>Yes</b>	<b>No</b>	<b>Comments</b>
1.	Discuss the benefits of physical activity as listed in the workbook, including the additional benefits for children with Type 1 diabetes			
2.	Explain the activity recommendations for physical activity			
3.	Enable the child to consider and record their usual activities			
4.	Demonstrate what happens during exercise using the storyboard			
5.	Enable the family to demonstrate what happens during exercise using the storyboard			
6.	Discuss the different tools that can be used to manage blood glucose during exercise			
7.	Highlight and discuss the tables on carbohydrate adjustments and suitable snacks			
8.	Enable the family to consider some strategies that they might use to manage their diabetes during activity			



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*Session structure standards:*

	<b>As outlined in the curriculum, did the educator:</b>	<b>Yes</b>	<b>No</b>	<b>Examples:</b>
1.	Review the traffic light self-assessment from the previous session and identify whether any areas need revisiting			
2.	Ensure that all activities within this section of the workbook were completed			

*Educator engagement standards:*

	<b>Did the educator:</b>	<b>Yes</b>	<b>No</b>	<b>Examples:</b>
1.	Encourage the family to ask questions and talk about their worries and concerns			
2.	Regularly check the child and their family's understanding of the information presented to them			
3.	Listen and respond to the child and their family's comments and questions			
4.	Encourage the family to come up with their own ideas of how to live with diabetes			
5.	Deliver the session at a pace that supported effective learning for the child and their family			
6.	Include the child in the education as appropriate			

*Overall assessment:*

		<b>Yes</b>	<b>No</b>
1.	At least 50% of the standards were met		
2.	If less than 50% of the standards were met, a realistic action plan has been developed to address this		

Assessor signature .....

Educator signature .....