



Quality Assurance
Educator Assessment Form
Diabetes at Diagnosis, Key stage 1 (2nd edition)
Section 8: Carbohydrate counting

Educator name:
Assessment date:

Assessor Name: Professional role: Place of work:	Specific areas the educator would like to be reviewed by assessor:
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Session content standards:

	As outlined in the curriculum, did the educator:	Yes	No	Examples:
1.	Recap on which foods contain carbohydrate and which do not			
2.	Enable the family to identify which statements about carbohydrate counting are true			
2.	Enable the family to understand the impact of varying amounts of carbohydrate, using the storyboard, as outlined in the curriculum			
3.	Explain how to use a food label to obtain the carbohydrate value			
4.	Provide the family with SEREN food labels and enable them to complete the activities in the workbook			
5.	Enable the family to calculate the carbohydrate values of "loose foods" using the resources listed in the curriculum			
6.	Explain how to use handy measures for their foods and drinks			
7.	Enable the family to use the 'Carbs and Cals' book or app to calculate the carbohydrate content of the foods they ate on a previous day			
8.	Explain to the family how to use their diary to record carbohydrate values of their child's food over the next week			



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Session structure standards:

	As outlined in the curriculum, did the educator:	Yes	No	Comments
1.	Review the traffic light self-assessment from the previous session and identify whether any areas need revisiting			
2.	Ensure that all activities within this section of the workbook were completed			

Educator engagement standards:

	Did the educator:	Yes	No	Comments
1.	Encourage the family to ask questions and talk about their worries and concerns			
2.	Regularly check the family's understanding of the information presented to them			
3.	Listen and respond to the family's comments and questions			
4.	Encourage the family to come up with their own ideas of how to live with diabetes			
5.	Deliver the session at a pace that supported effective learning for the family			
6.	Include the child in the education as appropriate			

Overall assessment:

		Yes	No
1.	At least 50% of the standards were met		
2.	If less than 50% of the standards were met, a realistic action plan has been developed to address this		

Assessor signature

Educator signature