



Quality Assurance
Educator Assessment Form
Diabetes at Diagnosis, Key stages 3 and 4 (2nd edition)
Section 7: Activity and diabetes

Educator name:
Assessment date:

Assessor Name: Professional role: Place of work:	Specific areas the educator would like to be reviewed by assessor:
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Session content standards:

	As outlined in the curriculum, did the educator:	Yes	No	Comments
1.	Discuss the benefits of physical activity as listed in the workbook, including the additional benefits for CYP with Type 1 diabetes			
2.	Explain the activity recommendations for physical activity			
3.	Enable the CYP to consider and record their usual activities			
4.	Demonstrate what happens during exercise using the storyboard			
5.	Enable the CYP to demonstrate what happens during exercise using the storyboard			
6.	Discuss the different tools that can be used to manage blood glucose during exercise			
7.	Highlight and discuss the tables on carbohydrate adjustments and suitable snacks			
8.	Enable the CYP to consider some strategies that they might use to manage their diabetes during activity			



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Session structure standards:

	As outlined in the curriculum, did the educator:	Yes	No	Examples:
1.	Review the traffic light self-assessment from the previous session and identify whether any areas need revisiting			
2.	Ensure that all activities within this section of the workbook were completed			

Educator engagement standards:

	Did the educator:	Yes	No	Examples:
1.	Encourage the CYP and their family to ask questions and talk about their worries and concerns			
2.	Regularly check the CYP and their family's understanding of the information presented to them			
3.	Listen and respond to the CYP and their family's comments and questions			
4.	Encourage the CYP and their family to come up with their own ideas of how to live with diabetes			
5.	Deliver the session at a pace that supported effective learning for the CYP and their family			

Overall assessment:

		Yes	No
1.	At least 50% of the standards were met		
2.	If less than 50% of the standards were met, a realistic action plan has been developed to address this		

Assessor signature

Educator signature