



Quality Assurance
Educator Assessment Form
Diabetes at Diagnosis, Key stages 3 and 4 (2nd edition)
Section 11: Wellbeing

Educator name:
Assessment date:

Assessor Name: Professional role: Place of work:	Specific areas the educator would like to be reviewed by assessor:
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Session content standards:

	As outlined in the curriculum, did the educator:	Yes	No	Examples:
1.	Discuss the explanation and importance of wellbeing			
2.	Use the 'coping jam jar' graphic to explain how they can build resilience			
3.	Use the 'riding the waves' graphic in the workbook to normalise the range of emotions they may experience following diagnosis			
4.	Enable the CYP to complete the 'how are you?' activity in the workbook			
5.	Enable the CYP to complete the 'being kind to yourself' activity in the workbook			
6.	Use the 'focusing on what matters' graphic in the workbook to discuss the things that they can and cannot control			
7.	Talk through each of the top tips for coping			
8.	Enable the CYP to develop a coping plan			



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Session structure standards:

	As outlined in the curriculum, did the educator:	Yes	No	Comments
1.	Review the traffic light self-assessment from the previous session and identify whether any areas need revisiting			
2.	Ensure that all activities within this section of the workbook were completed			

Educator engagement standards:

	Did the educator:	Yes	No	Comments
1.	Encourage the CYP and their family to ask questions and talk about their worries and concerns			
2.	Regularly check the CYP and their family's understanding of the information presented to them			
3.	Listen and respond to the CYP and their family's comments and questions			
4.	Encourage the CYP and their family to come up with their own ideas of how to live with diabetes			
5.	Deliver the session at a pace that supported effective learning for the CYP and their family			

Overall assessment:

		Yes	No
1.	At least 50% of the standards were met		
2.	If less than 50% of the standards were met, a realistic action plan has been developed to address this		

Assessor signature

Educator signature