




Children and Young People's
North East and North Cumbria Diabetes Network
VIRTUAL EDUCATION MEETING
Wednesday 31st March 2021

| TIME - 14:00 - 17:00 MICROSOFT TEAMS - Diary invite sent Wed 10th March | | |
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| Introduction and business meeting summary | Dr Judith Reid <i>Network Chair</i> | 14:00 - 14:15 |
| Time in Range <i>Why it's important, how to use it in consultations, tips for adolescents and using bolus adjustments and trend arrows to improve TIR</i> | Dr Emma Wilmot <i>Consultant Diabetologist, University Hospitals of Derby and Burton Honorary (Consultant) Assistant Professor, University of Nottingham School of Medicine</i> | 14:15 - 15:00 |
| Youth Mental Health First Aid Training  Youth MHFA Two Day only flyer CHWB. | Emilia Soulsby <i>Network Development Manager , NENC Child Health and Wellbeing Network</i> Dr Judith Reid <i>As previous participant on the course</i> | 15:00 - 15:20 |
| COMFORT BREAK 15:20 -15:30 | | |
| PREM results will be shown on screen during the break, please contact Jenny if you would like to discuss any points further and we will add to a future agenda | | |
| DKA at Diagnosis <i>Key topics around the DKA guideline update and how to care for a sick child in a DGH</i> | Dr Aravind Kashyap <i>Consultant Paediatric Intensivist, GNCH and Clinical Lead, NECTAR</i> | 15:30 - 16:30 |
| The trouble with K+ in DKA | Dr Islay Clark <i>Dr Islay Clark ST7 Paediatric Registrar (Diabetes SPIN)</i> | |
| Starting dose of Degludec in CYP with type1 diabetes | Dr Noureen Afzal <i>Paediatric trainee ST7 in North East, doing SPIN in diabetes.</i> | 16:30 - 16:45 |
| T1 Kidz - Future collaboration with the NENC Network <i>Securement of new funding and how T1Kidz will extend their reach across the NENC region and support teams to engage CYP in shaping their services?</i> | Helen Mulhearn <i>Co-Director, Investing in Children</i> Emma Rogan <i>Project Worker, T1Kidz</i> Kerry Camara <i>PDSN in Transition and long-term T1Kidz support worker</i> | 16:45 - 17:00 |
| Laptops for Low-Income Families <i>Demonstration of simple system to apply for laptops for your low income families</i> | Jenny Foster <i>Network Manager</i> Member of South Tees MDT <i>Experience of accessing tech for their low income families</i> | 17:00 - 17:15 |