

Children and Young People's National Diabetes Network Annual Psychology Conference Wednesday 15th October 2025

AGENDA

Time	Session	Speaker	
9:00	Arrival		
9:15	Welcome, Housekeeping and Aims &	Conference Chairs	
	Objectives	Dr Kate Gething	
		Clinical Psychologist for Paediatric Diabetes, Great North Childrens Hospital	
		Dr Craig Harris	
		Clinical Psychologist, Northamptonshire Healthcare NHS Trust	
9:20	Update from the National CYP Diabetes	Dr Craig Harris	
	Network Psychology Leads group and	Dr Georgia Cramb (T1DE update) - Principle Clinical Psychologist, QE Hospital	
	National Psychology Projects	Dr Halina Flannery (NPDA update) - Clinical Psychologist, UCLH	
		Dr Cheryl Hunter (Diabetes and Neurodivergence Resource Working Group) -Principal Clinical	
		Psychologist, University Hospitals Plymouth NHS Trust	
9:45	Participatory-action research exploration of	Dr Danielle Shaw	
	Parent and Clinician experiences of T1D	Clinical Psychologist	
	diagnosis	Betsi Cadwaladr University Health Board	
10:45	Managing a diagnosis of Pre-Tye 1 Diabetes;	Video introduced by -	
	a parent and young person's perspective	Dr Rebecca Waldron	
		Senior Clinical Psychologist, Leeds Teaching Hospitals	
		Chris and Samuel Waterfield, Amy and Imogen Norman	
11:15	Break		
11:30	Brief welcome back by session chair	ome back by session chair	
11:35	Using Non-Violent Resistance in a Paediatric	Dr Sophie Burgess,	
	Diabetes context	Clinical Psychologist	
		West Midlands Perinatal Network	
12:35	Morning Q&A		
12:50	Lunch		



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Afternoon session chaired by			
13:30	Brief welcome back by session chair		
13:35	Together T1 Stigma?	Young Leaders, facilitated by Adam Mayze	
14:05	Medications for Children and Young People Living with Type 2	Helen O'Neil	
	Diabetes	Senior Medicines Optimisation Pharmacist	
		Tees Valley	
14:25	Development of the First Year of Care Pathway for CYP	Dr Claire Semple	
	diagnosed with Type 2 Diabetes	Consultant Clinical Psychologist	
		University Hospitals Bristol and Weston NHS Foundation Trust	
14:35	Developing a family clinic for children and young people living	Dr Linzi Smeaton,	
	with diabetes	Clinical Psychologist and Systemic Family Therapist	
		Dr Fiona McKendrick,	
		Clinical Psychologist	
		Great North Children's Hospital	
15:35	Poster Presentations		
	- ACT Diabetes Distress Group	- Sarah Harris, Clinical Psychologist Gwent Children's Hospital	
	- The Lived Experience of Transitioning to University with	- Millie Steele, School of Psychology, University of Plymouth	
	type 1 Diabetes		
16:20	Afternoon Q&A and evaluation form		
16:30	Close		