

## National Children and Young People's Diabetes Network National Delivery Plan - Aim 1 Type 2 Subgroup Meeting Minutes 9 September 2022 Via Microsoft Teams



Martha Ford-Adams (MFA)         Clinical Lead         London/SEC           Emma Savage (ES)         Network Manager         Yorkshire and Humber           Name         Role         Network/Organisation           Billy White (BW)         Consultant         London & SEC           Suma Uday         Consultant         West Midlands           James Yong         Consultant         Yorkshire and Humber           Elizabeth Procter         Digibete         Management           Maddie Julian         Team         Digibete           Management         Maddie Julian         Team           Mattha Ford-Adams (MFA)         Consultant         Vorkshire and Humber           Elizabeth Procter         Digibete         Management           Maddie Julian         Team         Digibete           Nivedita Aswani         Consultant         Digibete/Sheffield Children's Hospital           Emma Bell         PDSN         Yorkshire and Humber           Jonathan Maiden         Data Quality         North West           Jonathan Maiden         Data Quality         North West           (JM)         Manager         Digibete           Salma Mehar         Digibete Clinical         Digibete           Salma Mehar         Digibete	Attendees	Aim 1 Core Group Members		Role		Network/Organisation	
Emma Savage (ES)         Network Manager         Yorkshire and Humber           Name         Role         Network/Organisation           Billy White (BW)         Consultant         London & SEC           Suma Uday         Consultant         West Midlands           James Yong         Consultant         Yorkshire and Humber           Elizabeth Procter         Dietitian         East Midlands           Digibete         Management         Management           Maddie Julian         Team         Digibete           Nivedita Aswani         Consultant         Digibete           Nivedita Aswani         Consultant         Digibete/Sheffield Children's Hospital           Emma Bell         PDSN         Yorkshire and Humber           Heather Clark         Network Manager         Group           Jonathan Maiden         Data Quality         North West           (JM)         Manager         North West           Salma Mehar         Diegibete Clinical         Lead           Lead         Digibete         Specialist           Carol Metcalfe         Practitioner         North East and North Cumbria           Advanced         Specialist         Specialist           Carol Metcalfe         Practitioner         North Wes		· · ·			ad		
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Clare Bennett       PDSN       North East and North Cumbria         Advanced       Specialist         Carol Metcalfe       Practitioner         Network       Network         Margot Carson (MC)       Manager         Kirsty Horsley       Dietitian		Fiona Campbell (FC)	Lead		Digibete		
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	Agenda:	<ul> <li>MFA welcomed everyone to the group. Attendees introduced themselves</li> <li>Welcome and Recap on Previous Meeting</li> <li>BW – Plan to discuss survey, on work being done on type 2 around country and to</li> </ul>					
Welcome and Recap on Previous Meeting BW – Plan to discuss survey, on work being done on type 2 around country and to							
encourage referrals, at next type 2 working group meeting in October		encourage referrals, at	next type	e z working	group mee		
DigiBete Update – Maddie Julian		<ul> <li>DigiBete Update – Maddie Julian</li> <li>MJ gave an update on resources being worked on at DigiBete.</li> <li>Work being done on website to categorise and review resources</li> <li>19 films currently made on type 2 with around 40 pdf resources – MJ played a video resources explaining what type 2 is. This resource has been amended based on previous feedback</li> </ul>					
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<ul> <li>Comments from attendees: MJ commented changed to high from all films. Also commen 'Overweight'. Visual effect around fat tissue be impactful.</li> <li>MJ showed some of the pdf resources Activi ideas etc. MJ said she could add working gro ability to comment on pdf documents.</li> <li>Comments from attendees: BW: Lots of our and doing well from it. The concept of break NA: Word 'Healthier' rather than 'Healthy'. I sugar mean? Pictures suggest they can have drinks aren't great, I tend not to recommend</li> </ul>	nts of could we change 'BMI' to e and benefits of losing weight could ity at home, Body image, Breakfast oup members to group so they have r patients are doing extended fasting kfast being king is being challenged. BW asked - What does recommended e added teaspoons of sugar. TC - Diet				
<ul> <li>Video on treatment options</li> <li>Comments from attendees: MFA - I am not looks a bit optional. With the lifestyle bit, I t exercise. BW - SGLT2 or GLP1 if post puberta Can you add crushed metformin. Liraglutide appetite). EP - How about "it is important th recommended to you by your diabetes team</li> <li>Video on unplanned eating</li> <li>Comments from attendees: BW –Ultra proc and weight. MJ suggested a shared document to develop a script.</li> <li>Video on Joseph's story. Plans for other CYP</li> <li>Comments from attendees: Should it be me done well and lost lots of weight to help mo Video of pictures rather than an interview ty and invasive and could attract more CYP for any South Asian CYP that could be in some v</li> </ul>	sure about the word "may" makes it think we should have food 1st then al also. The helps you feel full (rather than helps hat you have the medication that is n" cessed foods and impact on appetite ent for comments around this looking P stories to be produced entioned in the video that Joseph has otivate other overweight CYP. BW – ype video could be less pressurised rvideos. MJ asked if any units have				
Actions					
Minutes: Minutes signed off by the Aim 1 Core Group Members n	namely: Margot Carson and Emma Savage				
Date and Time: 10:00-11:30 hours					
time of Date: 9th September 2022					
next Venue: Virtually - via MSTeams					
Meeting					