

National Children and Young People's Diabetes Network National Delivery Plan - Aim 1 Type 2 Subgroup Meeting Minutes 9 September 2022 Via Microsoft Teams



Martha Ford-Adams (MFA) Clinical Lead London/SEC Emma Savage (ES) Network Manager Yorkshire and Humber Name Role Network/Organisation Billy White (BW) Consultant London & SEC Suma Uday Consultant West Midlands James Yong Consultant Yorkshire and Humber Elizabeth Procter Digibete Management Maddie Julian Team Digibete Management Maddie Julian Team Mattha Ford-Adams (MFA) Consultant Vorkshire and Humber Elizabeth Procter Digibete Management Maddie Julian Team Digibete Nivedita Aswani Consultant Digibete/Sheffield Children's Hospital Emma Bell PDSN Yorkshire and Humber Jonathan Maiden Data Quality North West Jonathan Maiden Data Quality North West (JM) Manager Digibete Salma Mehar Digibete Clinical Digibete Salma Mehar Digibete	Attendees	Aim 1 Core Group Members		Role		Network/Organisation	
Emma Savage (ES) Network Manager Yorkshire and Humber Name Role Network/Organisation Billy White (BW) Consultant London & SEC Suma Uday Consultant West Midlands James Yong Consultant Yorkshire and Humber Elizabeth Procter Dietitian East Midlands Digibete Management Management Maddie Julian Team Digibete Nivedita Aswani Consultant Digibete Nivedita Aswani Consultant Digibete/Sheffield Children's Hospital Emma Bell PDSN Yorkshire and Humber Heather Clark Network Manager Group Jonathan Maiden Data Quality North West (JM) Manager North West Salma Mehar Diegibete Clinical Lead Lead Digibete Specialist Carol Metcalfe Practitioner North East and North Cumbria Advanced Specialist Specialist Carol Metcalfe Practitioner North Wes		· · ·			ad		
NameRoleNetwork/OrganisationBilly White (BW)ConsultantLondon & SECSuma UdayConsultantWest MidlandsJames YongConsultantYorkshire and HumberElizabeth ProcterDietitianEast MidlandsMaddie JulianTeamDigibeteMaddie JulianTeamDigibete/Sheffield Children's HospitalEmma BellPDSNYorkshire and HumberImage PortNational CYP Diabetes Network Type 2Heather ClarkNetwork ManagerGroupJonathan MaidenData Quality ManagerNorth West(JM)Digibete Clinical LeadDigibeteFiona Campbell (FC)LeadDigibeteSalma MeharDietitianDigibeteClare BennettPDSNNorth East and North CumbriaAdvanced SpecialistSpecialistSpecialistCarol MetcalfePractitionerNorth WestMargot Carson (MC)ManagerNorth West		•	,		/lanager	· · ·	
Billy White (BW)ConsultantLondon & SECSuma UdayConsultantWest MidlandsJames YongConsultantYorkshire and HumberElizabeth ProcterDietitianEast MidlandsDigibeteManagementDigibeteMaddie JulianTeamDigibete/Sheffield Children's HospitalEmma BellPDSNYorkshire and HumberHeather ClarkNetwork ManagerGroupJonathan MaidenData QualityNorth West(JM)ManagerDigibeteFiona Campbell (FC)LeadDigibeteSalma MeharDietitianDigibeteClare BennettPDSNNorth East and North CumbriaAdvancedSpecialistCarol MetcalfeCarol MetcalfePractitionerNorth WestMargot Carson (MC)ManagerNorth WestKirsty HorsleyDietitianWessex			Role			/Organisation	
James YongConsultantYorkshire and HumberElizabeth ProcterDietitianEast MidlandsDigibete ManagementManagementMaddie JulianTeamDigibeteNivedita AswaniConsultantDigibete/Sheffield Children's HospitalEmma BellPDSNYorkshire and HumberHeather ClarkNetwork ManagerGroupJonathan Maiden (JM)Data Quality ManagerNorth WestIfona Campbell (FC)LeadDigibeteSalma MeharDietitianDigibeteClare BennettPDSNNorth East and North CumbriaAdvanced SpecialistSpecialist PractitionerNorth WestMargot Carson (MC)ManagerNorth West		Billy White (BW)	Consulta	ant			
Elizabeth ProcterDietitianEast MidlandsDigibete ManagementDigibete ManagementMaddie JulianTeamDigibeteNivedita AswaniConsultantDigibete/Sheffield Children's HospitalEmma BellPDSNYorkshire and HumberHeather ClarkNetwork ManagerGroupJonathan Maiden (JM)Data Quality ManagerNorth WestJonathan Maiden (JM)Data Quality Digibete Clinical LeadNorth WestFiona Campbell (FC)LeadDigibeteSalma MeharDietitianDigibeteClare BennettPDSNNorth East and North CumbriaAdvanced SpecialistSpecialistNorth WestMargot Carson (MC)ManagerNorth WestKirsty HorsleyDietitianWessex		Suma Uday	Consulta	ant	West Mi	dlands	
Digibete Management TeamDigibeteNivedita AswaniConsultantDigibete/Sheffield Children's HospitalEmma BellPDSNYorkshire and HumberHeather ClarkNetwork ManagerNational CYP Diabetes Network Type 2Heather ClarkNetwork ManagerGroupJonathan Maiden (JM)Data Quality ManagerNorth WestApologiesNameRoleNetwork/OrganisationFiona Campbell (FC)LeadDigibeteSalma MeharDietitianDigibeteClare BennettPDSNNorth East and North CumbriaAdvanced SpecialistSpecialistNetworkCarol MetcalfePractitionerNorth WestMargot Carson (MC)ManagerNorth West		James Yong	Consulta	ant	Yorkshire and Humber		
Maddie JulianManagement TeamDigibeteNivedita AswaniConsultantDigibete/Sheffield Children's HospitalEmma BellPDSNYorkshire and HumberHeather ClarkNetwork ManagerNational CYP Diabetes Network Type 2Heather ClarkNetwork ManagerGroupJonathan Maiden (JM)Data Quality ManagerNorth WestApologiesNameRoleNetwork/OrganisationFiona Campbell (FC)LeadDigibeteSalma MeharDietitianDigibeteClare BennettPDSNNorth East and North CumbriaAdvanced SpecialistSpecialistCarol MetcalfeCarol MetcalfePractitionerNorth WestMargot Carson (MC)ManagerNorth WestKirsty HorsleyDietitianWessex		Elizabeth Procter	Dietitian		East Midlands		
Nivedita AswaniConsultantDigibete/Sheffield Children's HospitalEmma BellPDSNYorkshire and HumberHeather ClarkNetwork ManagerNational CYP Diabetes Network Type 2Heather ClarkNetwork ManagerGroupJonathan MaidenData QualityNorth West(JM)ManagerNorth WestApologiesNameRoleNetwork/OrganisationFiona Campbell (FC)LeadDigibeteSalma MeharDietitianDigibeteClare BennettPDSNNorth East and North CumbriaAdvancedSpecialistSpecialistCarol MetcalfePractitionerNorth WestMargot Carson (MC)ManagerNorth WestKirsty HorsleyDietitianWessex		Maddia Julian	Management		Disibata		
Emma BellPDSNYorkshire and HumberHeather ClarkNetwork ManagerNational CYP Diabetes Network Type 2Jonathan Maiden (JM)Data Quality ManagerNorth WestApologiesNameRoleNetwork/OrganisationFiona Campbell (FC)LeadDigibeteSalma MeharDietitianDigibeteClare BennettPDSNNorth East and North CumbriaAdvanced SpecialistSpecialistCarol MetcalfePractitionerNorth WestMargot Carson (MC)ManagerNorth WestKirsty HorsleyDietitianWessex							
Heather ClarkNetwork ManagerNational CYP Diabetes Network Type 2 GroupJonathan Maiden (JM)Data Quality ManagerNorth WestApologiesNameRoleNetwork/OrganisationFiona Campbell (FC)LeadDigibeteSalma MeharDietitianDigibeteClare BennettPDSNNorth East and North CumbriaAdvanced SpecialistSpecialistNorth WestCarol MetcalfePractitionerNorth WestMargot Carson (MC)ManagerNorth WestKirsty HorsleyDietitianWessex							
Heather ClarkNetwork ManagerGroupJonathan Maiden (JM)Data Quality ManagerNorth WestApologiesNameRoleNetwork/OrganisationImage: Provide the state of th			PDSN				
(JM)ManagerApologiesNameRoleNetwork/OrganisationFiona Campbell (FC)LeadDigibeteSalma MeharDietitianDigibeteClare BennettPDSNNorth East and North CumbriaAdvancedSpecialistCarol MetcalfePractitionerNorth WestMargot Carson (MC)ManagerNorth WestKirsty HorsleyDietitianWessex		Heather Clark	Network	< Manager			
Apologies Name Role Network/Organisation Fiona Campbell (FC) Lead Digibete Salma Mehar Dietitian Digibete Clare Bennett PDSN North East and North Cumbria Advanced Specialist Carol Metcalfe Practitioner North West Margot Carson (MC) Manager North West Kirsty Horsley Dietitian Wessex		Jonathan Maiden	Data Qu	ality	North West		
NameNoteNoteDigibete ClinicalDigibeteFiona Campbell (FC)LeadSalma MeharDietitianDigibeteClare BennettPDSNNorth East and North CumbriaAdvancedSpecialistCarol MetcalfePractitionerNetworkMargot Carson (MC)ManagerNorth WestKirsty HorsleyDietitian		(JM)	Manage	r			
Fiona Campbell (FC)LeadDigibeteSalma MeharDietitianDigibeteClare BennettPDSNNorth East and North CumbriaAdvancedSpecialistCarol MetcalfePractitionerNorth WestMargot Carson (MC)ManagerNorth WestKirsty HorsleyDietitianWessex	Apologies	Name	Role		Network	/Organisation	
Salma Mehar Dietitian Digibete Clare Bennett PDSN North East and North Cumbria Advanced Specialist Carol Metcalfe Practitioner North West Margot Carson (MC) Manager North West Kirsty Horsley Dietitian Wessex			-				
Clare Bennett PDSN North East and North Cumbria Advanced Specialist Carol Metcalfe Practitioner Network Network Margot Carson (MC) Manager Kirsty Horsley Dietitian		Fiona Campbell (FC)	Lead		Digibete		
Advanced Specialist Carol Metcalfe Practitioner North West Margot Carson (MC) Manager North West Kirsty Horsley Dietitian Wessex		Salma Mehar	Dietitian		0		
Carol Metcalfe Specialist Practitioner North West Margot Carson (MC) Manager Kirsty Horsley Dietitian		Clare Bennett			North Ea	st and North Cumbria	
Carol Metcalfe Practitioner North West Network Network Margot Carson (MC) Margot Carson (MC) Manager North West Kirsty Horsley Dietitian Wessex							
NetworkMargot Carson (MC)ManagerKirsty HorsleyDietitianWessex		Court Materille			NL		
Margot Carson (MC) Manager North West Kirsty Horsley Dietitian Wessex		Carol Metcalfe			North We	est	
Kirsty Horsley Dietitian Wessex		Margat Carson (NAC)			North M	oct	
						est	
עעפונטוווכ מווע מאטוטצובא							
	Agenda:	 MFA welcomed everyone to the group. Attendees introduced themselves Welcome and Recap on Previous Meeting BW – Plan to discuss survey, on work being done on type 2 around country and to 					
Welcome and Recap on Previous Meeting BW – Plan to discuss survey, on work being done on type 2 around country and to							
encourage referrals, at next type 2 working group meeting in October		encourage referrals, at	next type	e z working	group mee		
DigiBete Update – Maddie Julian		 DigiBete Update – Maddie Julian MJ gave an update on resources being worked on at DigiBete. Work being done on website to categorise and review resources 19 films currently made on type 2 with around 40 pdf resources – MJ played a video resources explaining what type 2 is. This resource has been amended based on previous feedback 					
video resources explaining what type 2 is. This resource has been amended base							





 Comments from attendees: MJ commented changed to high from all films. Also commen 'Overweight'. Visual effect around fat tissue be impactful. MJ showed some of the pdf resources Activi ideas etc. MJ said she could add working gro ability to comment on pdf documents. Comments from attendees: BW: Lots of our and doing well from it. The concept of break NA: Word 'Healthier' rather than 'Healthy'. I sugar mean? Pictures suggest they can have drinks aren't great, I tend not to recommend 	nts of could we change 'BMI' to e and benefits of losing weight could ity at home, Body image, Breakfast oup members to group so they have r patients are doing extended fasting kfast being king is being challenged. BW asked - What does recommended e added teaspoons of sugar. TC - Diet				
 Video on treatment options Comments from attendees: MFA - I am not looks a bit optional. With the lifestyle bit, I t exercise. BW - SGLT2 or GLP1 if post puberta Can you add crushed metformin. Liraglutide appetite). EP - How about "it is important th recommended to you by your diabetes team Video on unplanned eating Comments from attendees: BW –Ultra proc and weight. MJ suggested a shared document to develop a script. Video on Joseph's story. Plans for other CYP Comments from attendees: Should it be me done well and lost lots of weight to help mo Video of pictures rather than an interview ty and invasive and could attract more CYP for any South Asian CYP that could be in some v 	sure about the word "may" makes it think we should have food 1st then al also. The helps you feel full (rather than helps hat you have the medication that is n" cessed foods and impact on appetite ent for comments around this looking P stories to be produced entioned in the video that Joseph has otivate other overweight CYP. BW – ype video could be less pressurised rvideos. MJ asked if any units have				
Actions					
Minutes: Minutes signed off by the Aim 1 Core Group Members n	namely: Margot Carson and Emma Savage				
Date and Time: 10:00-11:30 hours					
time of Date: 9th September 2022					
next Venue: Virtually - via MSTeams					
Meeting					