



**National Children and Young People's
Diabetes Network
National Delivery Plan - Aim 1
Type 2 Subgroup Meeting Minutes
4 May 2022
Via Microsoft Teams**



Attendees	Aim 1 Core Group Members		Role	Network/Organisation	
	Martha Ford-Adams (MFA)		Clinical Lead	London/SEC	
	Margot Carson (MC)		Network Manager	North West	
	Emma Savage (ES)		Network Manager	Yorkshire and Humber	
Attendees	Name	Role	Network/Organisation		
	Billy White (BW)	Consultant	London & SEC		
	Kirsty Horsley	Dietitian	Wessex		
	Suma Uday	Consultant	West Midlands		
	Carol Metcalfe	Advanced Specialist Practitioner	North West		
	Clare Bennett	PDSN	North East and North Cumbria		
	Elizabeth Procter	Dietitian	East Midlands		
	Maddie Julian	Digibete Management Team	Digibete		
	Salma Mehar	Dietitian	Digibete		
	Nivedita Aswani	Consultant	Digibete/Sheffield Children's Hospital		
	Holly Robinson	NPDA Manager	RCPCH		
	Heather Clark	Network Manager	National CYP Diabetes Network Type 2 Group		
	Apologies	Name	Role	Network/Organisation	
		Jonathan Maiden (JM)	Data Quality Manager	North West	
		Fiona Campbell (FC)	Digibete Clinical Lead	Digibete	
Agenda:	<p>Welcome and apologies MFA welcomed everyone to the group. Attendees introduced themselves in the 'chat'. Apologies received from Fiona Campbell and Jonathan Maiden.</p> <p>Welcome and Recap on Previous Meeting</p> <p>DigiBete Update – Maddie Julian</p> <p>Overview of type 2 digibete app and resources, MJ discussed the co-design sessions with an expert user groups of patients.</p> <ul style="list-style-type: none"> • The app will be a version of t1 app • Goal setting section for patients • Clinic communications app – can have individual messages through the app and send appointment reminders 				

- Platform in the future will support young people with complications related to excess weight
- Key videos available in 3 languages
- Resources currently in production:



- **T2 overview film was showed**
- BW suggested that the film could include more content describing T2 including gut health etc – NA to take back to expert user group. MJ to ensure video is interactive. HR added that results from the PREM included that young people want to learn about diabetes and understand complexities.
- Resources were showed and can be shared via a shared folder to this group but not for further circulation
- Sections on the T2 site to include – newly diagnosed, healthy lifestyle & motivation, type 2 awareness and prevention, eating well, emotional wellbeing, type 2 diabetes explained, school, college and community, friends and family

BW suggested that using some of the video content for healthy living and non type 2 content, e.g fatty liver disease. MJ agreed, NA suggested that she has raised with CEW clinic teams.

It was noted that psychology input has been given from the Leeds team, but if the group wish to get in touch with MJ to put forward another psychologist who would be interested in reviewing the content. NA has been working on a mindful eating resource and this can be shared at the next meeting.

- ❖ SD to put MJ in touch with their team psychologist.

HR suggested that Digibete should aim to increase their website to the top of the search engine on google, MJ will be working on landing pages to optimise this and linking with NHS prevention programme.



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	<p>EP suggested a resource around traditional recipes including oils as the current booklet from diabetes UK is more for adults - Enjoy Food - helping families with diabetes shop, cook and eat - Diabetes UK Shop</p> <p>BW suggested that MJ work with the national type 2 working group for educational resources. HC to liaise working group dates with MJ.</p> <p><u>AOB</u></p> <p>BW discussed about networks and regional networks about how we encourage, joint working. We've talked quite a bit about whether people stay in your average DGH with three other patients with Type 2, whether they should be working with adults and which adults clinicians, whether they should be working with regional home with regional teams, whether it should be working with regional CEW clinics. BW plans to ask all the regional leads for our Type 2 network about what's happening in their region about referral pathways.</p> <p>NA suggested jointed working with CEW clinics. MFA added that patients will not want to travel across region. Using data from CEW will help where these CYP will receive care.</p> <p>BW added that the national type 2 working group are trying to get a sense of what's happening in each region about what work is being done and to encourage referrals, if any clinics are set up to accept referrals because you the funding landscape if often quite complex. Is your typical diabetes service funded to accept them? BW suggested that it would be good to get a sense of what's going on around the country. The national working group are going to send out a survey.</p>
Actions	<ul style="list-style-type: none"> ❖ Maddie produce the films on links to share with the group for review internally – they will be password protected – not for sharing ❖ Title for landing page/portal – to report back to Maddie ❖ SD to put MJ in touch with their team psychologist
Minutes:	Minutes signed off by the Aim 1 Core Group Members namely: Margot Carson and Emma Savage
Date and time of next Meeting	<p>Time: 10:00-11:30 hours</p> <p>Date: 9th September 2022</p> <p>Venue: Virtually - via MTeams</p>