



**National Children and Young People's
Diabetes Network
National Delivery Plan - Aim 1
Type 1 Diabetes Subgroup Meeting Minutes
24 November 2021
Via Microsoft Teams**



| Attendees | Aim 1 Core Group Members | | Role | Network/Organisation |
|---------------|--|----------------------------------|---|----------------------|
| | Michael McGuigan (MM) | | Clinical Lead | North West |
| | Sanjay Gupta (SG) | | Clinical Lead | Yorkshire and Humber |
| | Margot Carson (MC) | | Network Manager | North West |
| | Emma Savage (ES) | | Network Manager | Yorkshire and Humber |
| | Name | Role | Network/Organisation | |
| | Susan Roach | Dietitian | East Midlands Network | |
| | Peter Christian | Consultant | London/SEC Network | |
| | Mark Burns | Consultant | North East & North Cumbria Diabetes Network | |
| | Carol Metcalfe (CM) | Advanced Specialist Practitioner | North West Diabetes Network | |
| | Phillipa Bowen | Consultant | South West Diabetes Network | |
| | Solenne Guest | Dietitian | Thames Valley Diabetes Network | |
| | Nicky Moor** (NM) | PDSN | Lead Nurse | |
| | Katie Beddows** (KB) | PDSN | | |
| | Yvonne Brown | Improving Care Manager | Diabetes UK | |
| Apologies | Aim 1 Core Group Members | | Role | Network/Organisation |
| | Alok Gupta | | Clinical Support | London/SEC |
| | Name | Role | Network/Organisation | |
| | Louise Salsbury | Dietitian | Lead Dietitian | |
| | Craig Ticehurst | PDSN | London/SEC | |
| Tamsyn Nicole | Consultant | South West | | |
| Ambika Shetty | Consultant | Wales | | |
| Agenda: | <p>Welcome and Introductions</p> <p>SG welcomed everyone, and all members introduced themselves to the subgroup. SG explained the 2 groups.</p> <p>Minutes of the last meeting were discussed – everyone happy. SG and MM gave a quick resume of the previous discussions.</p> <p>SG explained that despite variation in care, some units have a first year of care pathway so since the last meeting they have shared their pathways with Emma and Emma has kindly collated them to discuss with the subgroup.</p> <p>MM last meeting good discussion around DKA. A lot of concern across England and Wales around high DKA rates at diagnosis. Discussion around how can we improve things as it's quite a complex issue that involves individual families understanding symptoms</p> | | | |



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diabetes, their access to primary care and GP's. Working group will aim to pull together ideas of making improvements and including stakeholders who can help make this happen. Hopefully put some actions in place to see what we can do to push for an improvement. We'll need to look at data, some networks already collate data around DKA whilst some networks don't. The aim of today's meeting will be to have some actions in place to see what we want to do next in the aim of improving DKA rates.

Presentation by Diabetes UK – Yvonne Brown

Please see presentation (also available on the website)



Adobe Acrobat
Document

First Year of Care – Sanjay Gupta, Emma Savage, Mark Burns, Katie Beddows, Peter Christian, Susan Roach and Solenne Guest

ES displayed a slide show with the current content and common themes amongst first year of care guidelines that have already been produced by some teams around the country. The group discussed common themes that would need flexibility within a national timeline, such as the following:

- CHO counting
- Sick day rules
- Inpatient unit (whether there is one or not)

The group will continue overviewing the common themes at the next meeting.

DKA - Carol Metcalfe, Phillipa Bowen, Michael McGuigan, Margot Carson, Nicky Moor

Key Points:

- ❖ We need to use the networks that we've already got
- ❖ Strategy – what can the networks do?
- ❖ Need a GP on the group
- ❖ Everyone needs to under their regional data
- ❖ Networks will need to work with their commissioners
- ❖ All networks will need to start collecting their DKA data and should have it as a workstream on their work plan
- ❖ Literature review will need to be done on DKA e.g. SWEET, ISPAD, BSPED
- ❖ To ensure that NICE guidance is included
- ❖ We will need to carry out a survey to see which networks are already collating DKA data so that we can have a real time QI DKA



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| Actions | <p>First Year of Care Group:</p> <p>Any members to send through first year of care pathways to ES</p> <p>DKA Group:</p> <ul style="list-style-type: none">❖ Group to carry out a national and international literature review on DKA PB and CM❖ Invite Holly Robinson (RCPCH) to next meeting as the NPDA team are looking at DKA NM❖ To carry out a scoping exercise via the Networks to see what each network is doing around collecting DKA information so that we can have a real time QI DKA data MM and MC❖ To ensure that all networks start collecting the same DKA data and have it as a workstream within their work programme All❖ To recruit a GP to the subgroup MM and CM❖ To design a survey monkey around DKA which will be sent to all teams and then the subgroup will have a brainstorming event to discuss the common themes MM and MC❖ To recruit a school nurse to the subgroup |
| Minutes | Kindly taken by Emma Savage and Margot Carson and signed off by core members in attendance (MM and SG) |
| Next Meeting | <p>Time: 1000 - 1130 hours Date: 9 February 2022 Venue: Virtually - via MStTeams</p> |