



**National Children and Young People's
Diabetes Network
National Delivery Plan - Aim 1
Type 2 Subgroup Meeting Minutes
15 October 2021
Via Microsoft Teams**



Attendees	Aim 1 Core Group Members		Role	Network/Organisation
	Martha Ford-Adams (MFA)		Clinical Lead	London/SEC
	Margot Carson (MC)		Manager	North West
	Emma Savage (ES)		Manager	Yorkshire and Humber
	Name	Role	Network/Organisation	
	Clare Bennett (CB)	PDSN	North East and North Cumbria	
	Carol Metcalfe (CM)	Advanced Specialist Practitioner	North West	
	Billy White (BW)	Consultant	London & SEC	
	Natalie White (NW)	Dietitian	South West	
	Thomas Cole (TC)	Dietitian	Wales	
	Maddie Julian (MJ)	Digibete Management Team	Digibete	
	Fiona Campbell (FC)	Digibete Clinical Lead	Digibete	
	Jonathan Maiden (JM)	Data Quality Manager	North West	
Apologies	Name	Role	Network/Organisation	
	Elizabeth Horsley	Dietitian	East Midlands	
	Babita Khetriwal	Consultant	East of England	
	Kirsty Horsley	Dietitian	Wessex	
	Suma Uday	Consultant	West Midlands	
Agenda:	<p>Welcome and Introductions - All All delegates introduced themselves to the group.</p> <p>The Aim of the Subgroup – Dr Martha Ford-Adams By 2025, we can ensure that every child with diabetes has equal access to the same level of diabetes care and education, that allows effective self-management through the delivery of a national standard programme supported by diabetes teams that include psychologists and social workers. The core members have broken the aim into 6 subgroups. This subgroup will look at developing Type 2 resources in collaboration with Digibete.</p> <p>Discussion: Topics to consider: languages, patient engagement of T2 structured education, format of resources, content of resources, any current patient feedback on in-house T2 resources, variation in access to exercise – MJ The discussion around structured education highlighted the various options out there. Leeds use type 2 workbook developed by Carol Bacon. Type 2 patients attending doubled in last year to 40 patients. Full day clinic fortnightly to cover the caseload. Obesity and type 2 prevention group being developed.</p>			



**National Children and Young People's
Diabetes Network
National Delivery Plan - Aim 1
Type 2 Subgroup Meeting Minutes
15 October 2021
Via Microsoft Teams**



TC Wales using various resources but majority using SEREN resources.

NW Gloucester has 4 patients with Type 2 diabetes. 40-minute appointments for in depth assessment every 3 months. Contact made in between appointments.

BW found in national working group that no single set of resources used. Lots of teams using their own developed programmes. The working group has functioned as a very good way of sharing. Need to look at funding for baseline resources. Discussion needed around model of care needed. **FC** stated £100k funding available to address inadequate type 2 resources. We need to be looking at electronic, easily updatable resources.

Discussion around having regional type 2 clinics with issues raised around travel.

CREW regional clinics set up with initial funding for 3 years offering holistic lifestyle advice. Seems to be a very good model of care for type 2 diabetes.

As a group we should aim to draw up model of care looking at the standards of care we want to introduce and audit against.

Action: Ask Holly to come and present on Type 2 audit once report published.

Digibete Update: Including: proposed resources and platform funding – All

MJ gave an update on the development of resources looking at type 2 diabetes and parity of care with type 1. Currently developing a content plan with shooting to begin November 21 – March 22. The film resources will be in 10 different languages. **Action: Get feedback from regions of most useful languages for resources**

BW - In experience rather than label the resources as type 2, potentially better labelled as obesity resources as these will be very relevant to many more people and be much more impactful.

TC – Resources on understanding medication would be useful

CB – Potential for some relevant resources from type 1 resources to be included with the type 2.

Action: People to feedback to ES & MC of resources already out there they feel would be useful to include on the DigiBete app/platform

CM – Highlighted importance for multi-language resources. **MJ** – Type1 & 2 platform to include multi language videos/resources including African and Asian languages.

BW – Non-sugar health

MJ – Asked delegates to look at platform and app and feedback at what resources to include. Type 2 will be included in the same clinic portal currently being used for type 1.

FC – Potential to look at digital resource/app for CREW clinics further down the line with DigiBete.

With Exercise look at home workouts as link to poverty with type 2 diabetes.

Action: MJ to circulate list of planned resource topics for feedback

Actions	<ul style="list-style-type: none"> ❖ Ask Holly to come and present on Type 2 audit once report published ❖ Get feedback from regions of most useful languages for resources
----------------	---



**National Children and Young People's
Diabetes Network
National Delivery Plan - Aim 1
Type 2 Subgroup Meeting Minutes
15 October 2021
Via Microsoft Teams**



	<ul style="list-style-type: none">❖ People to feedback to ES & MC of resources already out there they feel would be useful to include on the DigiBete app/platform❖ MJ to circulate list of planned resource topics for feedback
Minutes:	Minutes kindly taken by Jonathan Maiden and signed off by the Aim 1 Core Group Members namely: Margot Carson, Emma Savage and Martha Ford-Adams
Date and time of next Meeting	Time: 10:00-11:30 hours Date: 21st January 2021 Venue: Virtually - via MSTeams