



**National Children and Young People's
Diabetes Network
National Delivery Plan - Aim 1
Type 1 Diabetes Subgroup Meeting Minutes
22 September 2021
Via Microsoft Teams**



| Attendees | Aim 1 Core Group Members | Role | Network/Organisation |
|-----------|---|----------------------------------|---|
| | Michael McGuigan (MM) | Clinical Lead | North West |
| | Sanjay Gupta (SG) | Clinical Lead | Yorkshire and Humber |
| | Jonathan Maiden (JM) | Data Quality Manager | North West |
| | Margot Carson (MC) | Network Manager | North West |
| | Emma Savage (ES) | Network Manager | Yorkshire and Humber |
| | Name | Role | Network/Organisation |
| | Kalika Shah-Enderby | PDSN | East of England Diabetes Network |
| | Jude Reid (JR) | Consultant | North East & North Cumbria Diabetes Network |
| | Carol Metcalfe (CM) | Advanced Specialist Practitioner | North West Diabetes Network |
| | Tamsyn Nicole* | Consultant | South West Diabetes Network |
| | Phillipa Bowen* | Consultant | |
| | Shikha Jain* | Consultant | Wales Diabetes Network |
| | Ambika Shetty* (AS) | Consultant | |
| | Louise Collins | PDSN | West Midlands Diabetes Network |
| | Vicki Hemming | Consultant | Yorkshire and Humber Diabetes Network |
| | Nicky Moor** (NM) | PDSN | Lead Nurse |
| | Katie Beddows** (KB) | PDSN | |
| | Louise Salisbury | Dietitian | Lead Dietitian |
| Apologies | Aim 1 Core Group Members | Role | Network/Organisation |
| | Alok Gupta | Clinical Support | London/SEC |
| | Name | Role | Network/Organisation |
| | Sue Roach | Dietitian | East Midlands |
| | Craig Ticehurst | PDSN | London/SEC |
| | Peter Christian | Consultant | London/SEC |
| Agenda: | <p><u>Welcome and Introductions</u> All members introduced themselves to the subgroup</p> <p><u>The Aim of the Subgroup - MM & SG</u> <i>'By 2025, we can ensure that every child with diabetes has equal access to the same level of diabetes care and education, that allows effective self-management through the delivery of a national standard programme supported by diabetes teams that include psychologists and social workers'</i></p> <p>The core members have broken Aim 1 into 6 subgroups namely:</p> <ol style="list-style-type: none"> 1. Type 1 2. Type 2 | | |



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3. Patient Education
4. Transition
5. Schools, Social Care and System Integration Group
6. Quality Improvement and Assurance Group

This subgroup will look at type 1 diabetes and how variation can be addressed and standardisation of the language and key messages nationally.

Discussion: First Year of Care

ES shared Leeds pathway, which was adopted and customised by Sheffield for their own needs. Very in-depth pathway outlining the care provided at what point in care for the CYP. There will be variation depending on local factors e.g caseload, availability of HCP etc.

Some units do not have an in-patient unit which would make the pathway difficult to adopt in these areas without amendments. **MM** stated as part of 5-year plan, we have more consistency across the nation of what the key components for care are. It may be that in-patient stay may not be part of the pathway, but what we want to achieve at this point in the care for the CYP, for example targets for each visit and introduction to technology etc. The importance of delivering these principles of care are what we are trying to achieve with this work.

Variation on delivering these outcomes is inevitable but the outline of principles and best practice is the target.

Barts have pathway developed as part of local QI project. **Action: NM** will share pathway **SG** advised all to share pathways used locally with the group which can be used to form a consensus on principles.

Discussion: DKA

No improvement over last 10 years on DKA at diagnosis, despite all the work done nationally. Variation regionally. At the start of Covid the North West Network carried out an audit on admissions. In 2019 32% of patients attended in DKA at diagnosis which increased in 2020 to 45%.

JR – Work done in North East and North Cumbria for quite some time. Recognition and referral pathway developed which is written for primary care. If suspected a CYP has symptoms of T1D it is a same day referral. PR campaigns over last year following increased DKA admissions during Covid, to get the pathway recognised. Looking at work looking at human factor of 111 calls and misdiagnosis of symptoms. DKA data is reported 6 monthly at network business meetings.

AS - Wales – Scoping exercise to get primary care on board. Referral pathway developed from an existing pathway from the South west. Alongside the pathway training was



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| | <p>offered with real life examples including mortality and delayed admission/presentation along with good cases. During pandemic, 111 profiles changed to ensure CYP required a face to face examination.</p> <p>NM – on NPDA data and methodology working group and they are looking at recent submissions and increase in DKA and delayed admissions. Looking at raising awareness and potential to link with them.</p> <p>CM – Still on top of NICE standards, QS125 (2016) – Same day referral for all children should be done by GP's. Some GP's still not aware of this and needs highlighting.</p> <p>MM - Working group needed to meet regularly to discuss strategies learning from each other's experiences to try and make improvements. Will need various stakeholders, for example GP, Health Visitor, School Nurse, Nurse Practitioner (General Practice), DUK and NPDA (RCPCH). Potentially look at effectiveness of 4T's campaign.</p> <p><u>Volunteers for DKA</u> Kalika Shah-Enderby Carol Metcalfe Ambika Shetty Phillipa Bowen/Tamsyn Nicole Michael McGuigan</p> <p><u>Volunteers for First Year of Care Pathway</u> Nicky Moor/Katie Beddows Shikha Jain Louise Collins Louise Salsbury Victoria Hemming Sanjay Gupta</p> |
| Actions | <ul style="list-style-type: none"> ❖ MC to contact Fiona Campbell to identify possible stakeholders that would be interested in joining the working groups ❖ ES will send doodle poll for potential dates to meet again before the New Year ❖ NM will share Bart's pathway ❖ JR will approach the North East and North Cumbria Diabetes Network for a representative as JR is a core member of Aim 2 ❖ ** NM and KB acknowledged the 'Terms of Reference' and agreed that only 1 lead nurse would attend the meetings ❖ * Terms of Reference |
| Minutes | Kindly taken by Jonathan Maiden (JM) and signed off by core members in attendance (MM, SG, ES and MC) |
| Next Meeting | <p>Time: 0930 - 1130 hours</p> <p>Date: 8 November 2021</p> <p>Venue: Virtually - via MSTeams</p> |



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